

## From dream to reality

<b>Short description</b>	This is a strengths-based approach focusing on what works well in the school. It uses 4 phases — Discover, Dream, Design, and Deliver — to build a desired future based on existing successes.
<b>Objectives</b>	Identify and amplify existing strengths; stimulate a positive, future-oriented mindset; create shared strategies for sustainable change
<b>Duration</b>	45 minutes
<b>Social form</b>	Group work
<b>Materials and organisation</b>	Flip charts, markers, post-its; open space setup; clear visualisation of the four phases.
<b>Preparation</b>	Prepare Appreciative Inquiry questions; set up stations for each phase; arrange room for collaborative work.

### Step-by-step description

	<p><b>Step 1 Dream:</b> The group imagines the ideal future where strengths are maximized. <b>What would be our dream?</b></p> <p><b>Step 2 Discover:</b> Participants explore good practices. <b>What already goes well?</b></p> <p><b>Step 3 Design:</b> Participants develop strategies that support achieving the envisioned future. <b>What do we need to achieve this dream?</b></p> <p><b>Step 4 Deliver:</b> <b>Concrete actions</b> are defined, responsibilities assigned, and next steps planned.</p>
--	--

### Variations and differentiation

Extend phases for deeper reflection.

### Practical notes

Formulate positive questions; monitor time carefully; create a safe environment; ensure actionable steps in the Deliver phase

*The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.*