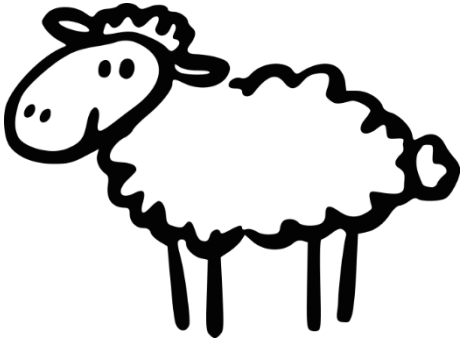


The Sheep Scale

Short description	The Sheep Scale Icebreaker is a fun, lighthearted way to get a feeling for the energy level of the participants. This icebreaker is great at the start of a CoP meeting as it is not difficult and works only with images.
Objectives	You know the energy level of the group.
Duration	5 minutes
Social form	In group, plenary at the start of the meeting
Materials and organisation	Template with pictures.
Preparation	Prepare a slide with the template or print out the template.

Step-by-step description

	<p>When the meeting starts, follow these steps:</p> <ol style="list-style-type: none"> 1. Explain what is going to happen. Explain that you would like to get a feeling for the energy in the meeting by showing the group eight images that they can relate to. 2. Show icebreaker. Show the sheep Scale icebreaker to the group so everyone can see it. Wait a second for the reaction of the group, since they will often open up and start laughing. 3. Instruct participants to pick a number. If you are in the room, just ask people directly where they would place themselves. If you are doing this icebreaker online, it works best to do it chat-based. This allows you as a moderator to pick up what everybody said and get a better overview of the group. 4. Interact with participants. Take out answers from participants and ask them if they would like to share why they picked this number. This often creates great conversations with the group.
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Variations and differentiation

Use other pictures. See also the other templates.

References | Sources

Website with more options, animal scale icebreakers.

[Animal Scale Icebreaker Template \(Free Download & Guide\)](#)

[62b07a10b23da304531bc812 Animal Scale Icebreaker by Facilitator School.pdf](#)

Annex

On the goat-scale, how are you feeling today?



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